


| MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | Cafeteria Information |
|---|---|---|---|---|--|
| | | 3/1/23 | 3/2/23 | 3/3/23 | Breakfast |
| This institution is an equal opportunity provider. | Eat 1/2 cup of fruits and vegetables with every meal!  | Pulled Pork Sandwich, Seasoned Fries, Corn on the Cob, Sliced Peaches * (6th - 12th) Chef Salad, Fruit & Cold Deli Line, Italian Line | Biscuits & Gravy, Scrambled Eggs, Tomato, Green Pepper, Salsa, Hashbrowns, Sausage Patty, Fresh Clementine * (6-12th) Chef Salad, Fruit & Cold Deli Line Breakfast Line | Bosco Sticks, Marinara Sauce, Green Beans, Cucumber w/ Ranch, Fresh Apple, Chocolate Brownie * (6-12th) Chef Salad, Fruit & Cold Deli Line Chef's Choice | Breakfast Choice of one Entrée Item Featured on Menu OR Cereal, Cereal Bar w/ Cheese Stick Choose One Side Assorted Fruits Choose One White or Chocolate Milk |
| | | 3/6/23 | 3/7/23 | 3/8/23 | 3/9/23 |
| Fiestada Pizza, Shredded Lettuce, Tomato, Refried Beans, Mandarin Oranges * 6-12th Chef Salad, Fruit & Cold Deli Line, "Chicken & a Bun" Line | Chicken Strips, Mashed Potatoes, Gravy, Seasoned Corn, Hot Roll, Diced Pears * (6th - 12th) Chef Salad, Fruit & Cold Deli Line, Trojan Burger | Ham & Cheese Sandwich, L,T, Mayo, Doritos Corn Chips, Carrot & Celery Sticks, Fresh Apple, Snickerdoodle Cookie * (6th - 12th) Chef Salad, Fruit & Cold Deli Line, Italian Line | Burrito w/ Cheese Sauce (K-5) Chicken Fajitas (6-12), Salsa, Shredded Cheese, Spanish Rice, Black Beans, Fresh Orange, Rice Krispy Treat * (6-12th) Chef Salad, Fruit & Cold Deli Line BBQ Line | Macaroni & Cheese, Shrimp Poppers, Peas & Carrots, Biscuit w/ Jelly, Banana * (6-12th) Chef Salad, Fruit & Cold Deli Line Chef's Choice | Lunch RVH Lunch Students must select at least one fruit or vegetable and two other menu items. Students may select all of the items on the featured menu. * GMS / GHS Lunch Choice of one Entrée Main Line - Select one Entrée from Featured Menu. Alt. Line - Rotates Daily (Choice of Chicken Sandwich, Trojan Burger, Pizza, BBQ Rib on a Bun or Crisпитos) Cold Deli Line - All items Offered Daily: Chef Salad Strawberry or Blueberry Yogurt Parfait Cubed Cheese, Grape & Cracker Cups Ham or Turkey Sandwich w/ Doritos * Choose up to Three Sides Side Salad, Assorted Fresh Fruit, Assorted Canned Fruit, Featured Vegetables, Grains & Desserts * Choose One White or Chocolate Milk |
| 3/13/23 | 3/14/23 | 3/15/23 | 3/16/23 | 3/17/23 | |
| Spring Break | | | | | |
| 3/20/23 | 3/21/23 | 3/22/23 | 3/23/23 | 3/24/23 | |
| Grilled Chicken Sandwich, L,T, Mayo, French Fries, Steamed Carrots, Sliced Pineapple * (6th - 12th) Chef Salad & Fruit, Cold Deli Line, Trojan Burger | Taco Salad, L, T, Cheese, Salsa, Rice, Refried Beans, Fresh Clementine * 6-12th Chef Salad, Fruit & Cold Deli Line "Chicken & a Bun" Line | American Dog, Ketchup, Mustard, Relish, Baked Beans, Cucumber & Tomato Salad, Fresh Pear, Snickerdoodle Cookie * (6th - 12th) Chef Salad, Fruit & Cold Deli Line, Italian Line | Orange Chicken, Rice, Steamed Broccoli, Cucumber w/ Ranch, Pineapple Chunks * (6th - 12th) Chef Salad & Fruit, Cold Deli Line, Baked Potato Bar | Fish Sticks, Au Gratin Potatoes, Peas, Hot Roll w/ Jelly, Tropical Fruit, Chocolate Cake * (6th - 12th) Chef Salad & Fruit, Cold Deli Line, Chef's Choice | |
| 3/27/23 | 3/28/23 | 3/29/23 | 3/30/23 | 3/31/23 | |
| Chicken Nuggets, Waffle Fries, Fresh Broccoli Florets w/ Ranch, Tropical Fruit, Biscuit w/ Jelly * 6-12th Chef Salad, Fruit & Cold Deli Line, Trojan Burger | Frito Chili Pie Beef L,T, Cheese, Pinto Beans, Corn, Salsa, Pineapple Chunks * 6-12th Chef Salad, Fruit & Cold Deli Line "Chicken & a Bun" Line | BBQ Rib on a Bun, Tater Tots, Romaine Salad, Sliced Peaches, Apple Crisp * (6th - 12th) Chef Salad, Fruit & Cold Deli Line, Italian Line | Salisbury Steak, Mashed Potatoes w/ Gravy, Steamed Peas, Hot Roll, Sliced Pears * (6-12th) Chef Salad, Fruit & Cold Deli Line Mexican Line | Cheese Pizza, Green Beans, Fresh Cucumber w/ Ranch, Applesauce, Oatmeal Cookie * (6-12th) Chef Salad, Fruit & Cold Deli Line Chef's Choice | |

This Menu is Subject to Change Without Notice